

## Evaluation of the absorbed dose in the lungs due to $Xe^{133}$ and $Tc^{99m}$ (MAA)

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**Abstract:** -The absorbed dose in lungs of an adult patient has been evaluated using the biokinetics of radiopharmaceuticals containing  $Xe^{133}$  or  $Tc^{99m}$  (MAA). The absorbed dose was calculated using the MIRD formalism, and the Cristy-and-Eckerman lungs model. The absorbed dose in the lungs due to  $^{133}Xe$  is 0.00104 mGy/MBq. Here, the absorbed dose due to remaining tissue, included in the  $^{133}Xe$  biokinetics is not significant. The absorbed dose in the lungs, due  $Tc^{99m}$  (MAA), is 0.065 mGy/MBq. Approximately, 4.6% of the absorbed dose is due to organs like liver, kidneys, bladder, and the rest of tissues, included in the  $Tc^{99m}$  biokinetics. Here, the absorbed dose is very significant to be overlooked. The dose contribution is mainly due to photons emitted by the liver.

**Keywords:** - Lungs, MIRD dosimetry,  $Tc^{99m}$  (MAA),  $Xe^{133}$ .

### I. INTRODUCTION

The estimated dose absorbed by the lungs from an adult, during uptake studies can be performed through the analysis of the biokinetics of radiopharmaceuticals used, containing  $Tc^{99m}$  (MAA) or el  $Xe^{133}$ .

### II. MATERIALS AND METHODS

To estimate the dose absorbed by the lungs, due to contributions dosimetric the organs that are part of the biokinetics, were used formalism and representation MIRD Cristy-Eckerman to those tissues. Medical Internal Radiation Dosimetry considered equations [1]:

$$\frac{D_{photons}(lungs)}{A_0} = \sum_{i=1} \left[ \sum_k \Delta_k \Phi_k(lungs \leftarrow i) \right] \tau_i \quad rad / \mu Ci$$

$$\frac{D_{particle}(lungs \leftarrow lungs)}{A_0} = \left[ \bar{E}_{particle} \frac{\tau_{lungs}}{m_{lungs}} + \bar{E}_{particle} \frac{\tau_{TB}}{m_{TB}} \right] \times 2,13 \quad rad / \mu Ci$$

$\tau_{TB}$  = total residence of the body

$m_{TB}$  = total body mass

The absorbed fractions,  $\Phi_k(lungs \leftarrow i)$  g<sup>-1</sup>, of the “i” analyzed organs (lungs, liver, kidneys, bladder, remaining tissue for  $Tc^{99m}$  (MAA); and lungs, remaining tissue, for  $Xe^{133}$ ), for photon energies “k” of  $Tc^{99m}$  and  $Xe^{133}$  were obtained from ORNL/TM-8381/V7 [2]. Residence times of radiopharmaceuticals mentioned, in each organ biokinetics, given in tables 1 and 2, were obtained from the website [3].

Table 1. Residence time (hours) for organs of the biokinetics of  $Tc^{99m}$  (MAA) [3]

RFM	Órgans				
	Lungs	Liver	Kidneys	Bladder	Remaining tissue (excluding bladder)
$Tc^{99m}$ (MAA)	4.890	1.04	0.018	0.217	7.6

Table 2. Residence time (hours) for organs of the biokinetics of  $Xe^{133}$  (“rebreath-ing” for 5 minutes) [3]

RFM	Órgans	
	Lungs	Remaining tissue
$Xe^{133}$	0.013	0.533

$\Delta_k = 2,13 n_k E_k \left( \frac{rad - gm}{\mu Ci - hr} \right)$ , represents average energy of the “k” photons emitted in the decay of  $Tc^{99m}$  (MAA) and  $Xe^{133}$ , given in Table 3, were obtained from web page [4].

Table 3. Data nuclear emitted photons (MeV) of  $Tc^{99m}$  and  $Xe^{133}$  most significant [4]

RFM	Photons	$E_k$ (Me V)	$n_k/des$	$\Delta_k = 2,13 n_k E_k \left( \frac{rad - gm}{\mu Ci - hr} \right)$
$Tc^{99m}$	Gammaradiation	0,1405	0,8906	0,2665
		0,1426	0,0002	0,0001
	Characteristicradiation	0,0183	0,021	0,0008
		0,0184	0,040	0,0016
		0,0206	0,012	0,0005
$Xe^{133}$	Gammaradiation	0.1606	0.0007	0.0002
		0.0796	0.0027	0.0004
	Characteristicradiación	0.0810	0.3800	0.0656
		0.0306	0.1410	0.0092
		0.0310	0.2620	0.0173
	0.0350	0.0940	0.0070	

$E_{particle}$  (MeV/des.), represents the average energy of particles emitted by the  $Tc^{99m}$  (MAA) and  $Xe^{133}$ , this is, represents the electron appearing in the decay processes for capturing and Auger electrons, are given in Table 4 and were obtained from web page [4].

Table 4. Nuclear data for emitted particles (MeV) of  $Tc^{99m}$  and  $Xe^{133}$  most significant [4]

RFM	Partículas	$E_k$ (MeV)	$n_k$ /des	$n_k E_k$ (MeV / des)	$E_{particle} = \sum n_k E_k$ (MeV / des)	
$Tc^{99m}$	Conversiónelectróns	0,1195	0,088	0,01052	0,01439	
		0,1216	0,0055	0,00067		
		0,1375	0,0107	0,0015		
		0,1396	0,0017	0,00024		
		0,140	0,0019	0,00026		
		0,0016	0,746	0,0012		
	Augerelectrons	0,0022	0,102	0,00022	0,00054	
		0,0155	0,0207	0,00032		
	$Xe^{133}$	Beta	0,0750	0,0081	0,00061	0,1001
			0,1005	0,9900	0,09949	
Conversiónelectróns		0,0436	0,0041	0,00018	0,03284	
		0,0450	0,5510	0,02479		
		0,0753	0,0820	0,00617		
		0,0798	0,0169	0,00135		
		0,0808	0,0044	0,00035		
Augerelectrons		0,0035	0,5100	0,00178	0,00326	
		0,0255	0,0582	0,00148		

Mass values the lungs and remaining tissue of the biokinetics, were obtained from ORNL/TM-8381 /V1 [5].

Table 5. Mass values (g) to lungs and remaining tissues of adults, in the representation representationCristy - Eckerman[5]

Mass (grams)	ADULT
Lungs	1000
Remaining tissue (TB)	73700

Using the methodology MIRD and representation of Cristy-Eckerman for the lungs of adults patients , the study is to demonstrate whether the dosimetric contributions of the organs that are part of the biokinetics ( excluding lungs) of  $Tc^{99m}$  (MAA), and  $Xe^{133}$  , are significant in the estimated absorbed dose.

### III. RESULTS

Table 6. Absorbed dose in adult lungs, due to  $Tc^{99m}$  (MAA) and  $Xe^{133}$  , in the representation of Cristy-Eckerman and formalism MIRD (mGy/MBq)

RFM	Emissions	$D(\text{lung} \leftarrow \text{lung})/A_0$	$D(\text{lung} \leftarrow i)/A_0^*$	Sub-total	Total (mGy/MBq)
$Tc^{99m}$ (MAA)	Gamma radiation	0.0179 (27.5%)	0.003 (4.6%)	0.023 (35.4%)	0.065
	Characteristic Radiation	0.0021 (3.2%)			
	Conversionelectrons	0.0405 (62.3%)	-	0.042 (64.6%)	
	Augerelectrons	0.0015 (2.3%)			
$Xe^{133}$	Gamma radiation	0.00002 (1.9%)	<0.01%	0.00005 (4.7%)	0.00106
	Characteristic Radiation	0.00003 (2.8%)			

(rebreath ing for 5 minutes)	Beta Radiation	0.00075 (70.8%)	
	Conversionelectrons	0.00024 (22.6%)	
	Augerelectrons	0.00002 (1.9%)	0.00101 (95.3%)

(\*) i = all source except the lungs

#### IV. DISCUSSION

**The results in Table 6 show:**

(1) Absorbed dose to the lungs of an adult, due to emissions of  $Tc^{99m}$  (MAA): 0.065 mGy / MBq: 95.3% are self-dose (62.3% to electron conversion, 2.3% to Auger electrons, 27.5 % due to gamma photons, and 3.2% to radiation characteristics); and the remaining 4.6%, corresponding to the organs that are part of the biokinetics of  $Tc^{99m}$  (MAA): Liver, kidney, bladder and remaining tissue. This dosimetric contribution is significant value to be ignored

(2) Absorbed dose to the lungs of an adult, due to emissions of  $Xe^{133}$  (rebreathing for 5 min): 0,0106mGy / MBq: 99.9% corresponds to the self- doses (70.8 % to beta emissions; 22.6 % to conversion electrons; 1.9% to Auger electrons; 1.9 % due to gamma photons, and 2.8 % to radiation characteristics). Dosimetric contribution remaining tissue, corresponding to the organs that is part of the biokinetics of  $Xe^{133}$  is negligible.

The results obtained absorbed dose to the lungs of an adult, are consistent with those published in PEDOSE [6].

Depending on the type of radiopharmaceutical and its biokinetics, shall the significance of their contributions in the estimated dose absorbed by the lungs [7, 8].

#### V. CONCLUSION

Using the methodology MIRD, and representation of Cristy-Eckerman in lungs of adults, it demonstrated that, the dosimetric contributions organs that are part of the biokinetics (excluding lungs) of  $Xe^{133}$  are not significant in the estimated dose. The total dose absorbed by the lungs is self-dose. While dosimetric contributions  $Tc^{99m}$  (MAA), excluding the lungs, is significant in the estimated absorbed to be ignored.

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