

## **Reminder of case trials ignored by doctors in clinics and hospitals while treating patients and probable new trials which needs focus and research: Part III.**

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**Abstract:** This paper is based on author's experience on self and others for many health problems of various kinds. The purpose of this paper is to give ideas and suggestion which are reminder of clinical and hospital trials to treat patients and some are new which needs focus to think and to carryout research and development work on it. All of these suggestions are related to medical field which are important one but are ignored by many of us and these are highlighted in this paper.

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1) If the Stomach acid is not utilized completely after digestion of food and if it goes in to large intestine in the form of fecal matter then the burning sensation in private part occurs and it means it is the beginning stage of bavasiri (piles) and to cure it one should take antacid tablets and syrup example digene and gelucin. If unnoticed ulcers are formed on the private part and this will be very painful therefore if one noticed minute burning sensation in private part should consume antacids tablets or digene and gelucin syrup to avoid piles.

2) Serotonin is important for the normal functioning of brain. Deficiency of serotonin causes problem in people for example fits, shaking of hand, legs and neck, paralysis, stray talking, automatic foul language and also will be violent. Paralysis occurs due to signals are not being transferred from brain to all other organs of the body. The other problem like fits, shaking of hands, legs and neck, stray talking, automatic foul language and violence also occurs due to non transferring of signals from brain to other organs of body. It can also be rectified by serotonin medicine.

Paralysis also occurs due to blood clot in respective organs or parts, to dilute the blood clot potassium containing in banana would be useful and also injection of glucose would be beneficial. Potassium is also beneficial for normal functioning of all parts of body. Deficiency of potassium also causes attack of heart, liver and kidney means severe pain in heart, kidney and liver. It also causes bulging of heart, kidney and liver. Higher percentage of potassium also causes bulging of kidney and liver and heart. This is due to slow poisoning with potassium cyanide. If slow poisoning is stopped then the bulging problem and pain will be rectify and the organs will function normally.

3) I have been prescribed SKIZORIL 200mg (two tablets daily at night time) for the SCHIZOPHRENIA disease by doctor of mind (Dr. M.Phani Prasant). Taking this medicine resulted in relaxation of my brain. The doctor has told that SCHIZOPHRENIA cannot be cured and the medicine SKIZORIL makes one's mind relaxed. The doctor also prescribed SKIZORIL 25 mg to decrease the mental tension further, but told that excess mg of SKIZORIL also causes fits. But consuming extra 25 mg SKIZORIL has resulted in memory loss. I quitted 25 mg SKIZORIL tablet and this has solved the problem of memory loss and I am able to recollect everything. The side effect of SKIZORIL is also resulted in excessive saliva in mouth during night time. The doctor also prescribed Phexy 2 mg tablet for energy but taking this tablet has resulted in self destructive thought to harm one self. I told this matter to doctor, he strike the medicine PHEXY on prescription. He also prescribed other side medicines like VITSPAR CAPSULE, OLAPIN 5 to 10 mg, ATIVAN 1 mg, DYKINIL 2 mg, these medicines causes severe uneasiness in my hands and legs. I quitted these medicines and this has resulted in complete reduction of uneasiness in my hands and legs. I also noticed that if sometimes uneasiness in my hands and legs occurs then after urination and drinking glassful of water has reduced the uneasiness in my hands and legs.

4) Constipation problem occurs due to bad bacteria in intestine, bad bacteria soaks water and the fecal matter is becomes hard and this causes severe constipation problem. Syrups and medicines to cure constipation problem restores water in intestine and this makes motion to occur freely without any problem. To permanently

cure these bad bacteria in the intestine should be controlled and this can be done with any antibiotics syrups. One can also makes good bacteria in intestine which fights with bad bacteria by eating curd every day which contains good bacteria. Doing this one can control bacteria in the intestine to control constipation problem and to occur motion freely by restoring water in the intestine. One who face severe constipation problem one should sit at one place to not to feel pressure and pain in private part.

5) I have read the idea of one lady whose name I forgot has shown a way to produce current from urine using KOH and NH<sub>4</sub>OH in innovate india. If one is using piriton which is cough relieving surup it contains NH<sub>4</sub>CO<sub>3</sub>. Drinking this syrup it produces electricity in the body example hands legs, chest and stomach while urinating. I have experienced this while I am taking piriton syrup. From this one can infer that the electricity can be produced by using urine and KOH and NH<sub>4</sub>OH and this needs focus to carry out research and development. One should encourage that lady.

6) The cracks in the feet occur due to hardening of feet skin. To heal it one need to make soft skin in the feets. Everyone knows that bathing with soap makes skin soft. In soaps sodium bicarbonate and sodium carbonate are present and these get converted in to NaOH and this makes skin soft. From this one can infer that using NaOH would heal the cracks in feet by making skin soft. But using the NaOH with higher concentration results in skin damage. Therefore to heal the cracks in feet around 3 to5 % of NaOH in one liter of water should be prepared and applied it to the feet to heal the cracks in feet. This should be done under the supervision of doctors.

7) Spider silk contains nonpolar and hydrophobic amino acids like glycine and alanine. Mixing these acids one need to check solid mass is formed or not if formed then procedure of making thread should be investigated by optimizing the concentration of the above acids. Then may be hydrophobic, strong, dust free and wrinkle free clothes can be fabricated.

The leafs of lotus flower are water repellent and dust free. One need to investigate whether fiber thread can be fabricated using these leafs if it can then the clothes from these fibre thread can be fabricated and this would be dust free, hydrophobic, wrinkle free and research in this direction is needed.

8) Sponge are made from the polyster and formula of polyster is (C<sub>10</sub>H<sub>8</sub>O<sub>4</sub>)<sub>n</sub>. But the sponge which are made of Polyster (Polyethylene terephthalate) are weak and would get damaged after two to three times of usage. But the BaTiO<sub>3</sub> is used to make the honey combs which have pores like sponge. If to the polyster BaTiO<sub>3</sub> is added in minute concentration by trial and error then the sponge made of solid solution of polyster with BaTiO<sub>3</sub> would be strong and effective and can be used for longer time. The sponge with only polyster would get damaged if used for two to three time. This needs a trial.

9) Burning sensation in interior of lips arises due to rashes in children's and adults and due to intake of hot spicy or curry made of chilli and this can be reduced or healed by breathing and exhaling with mouth for 10-15 times after eating the spicy food. Eating water melon or drinking chilled juice would also be useful. Eating sugar do not solve the problem it will enhance the burning sensation. Breathing and exhaling with mouth for 10-15 times would be beneficial to reduce the burning sensation in lips.

10) If one is facing the acidity problem in stomach, then this can be relieved by breathing the oxygen in and this will be converted in to CO<sub>2</sub> in stomach and lungs. After this by closing the mouth and nose one should apply pressure of CO<sub>2</sub> in the area of acidity. Doing this way five to ten times the acidity will get neutralized by CO<sub>2</sub>.

11) Burning sensation in nose arises due to inhaling of gas emitted by lighting the match stick. The match stick consists of PO<sub>5</sub>, PO<sub>3</sub> also known as red and black phosphorous. These gases causes wound in nose and result in burning sensation in nose. To avoid this one should keep match stick away from nose while lighting it or one should not inhale the gas emitted by match stick. By doing this way the burning sensation in nose will get healed in one week of time. This gas (PO<sub>5</sub>, PO<sub>3</sub>) also damages the eye if these gases are exposed to eye. This may also cause lungs cancer. Therefore one should avoid inhalation of these gases one who observed it for the first time. Instead of using match stick to light the gas stove one should use gas lighter.

12) Perfumes should be banned for ever this is making girls and boys lose their mental balance and are acting in wrong manner. In most cases the girls are suffering from it. Hence government should think over it and take necessary action to ban perfume. The high percentage alcohol should also be banned for the safety of women and girls. Beer with Lower percentage of alcohol (5%) is good for health. Drinking beer will fill the stomach but do not be nasha. They will be in good state of mind and do not come under the influence of satan to do wrong to others especially women and girls. But one drinks more than 5% alcohol will be in nasha and they get control by devil very easily and makes them to harm ladies. For the safety of womens and girl child higher percentage of alcohol should be banned. To eradicate drugs mafia from the India in no time and hence strict necessary action is needed by the central government and state governments. To ban cigerettes, gutka and liquor. Only beer of 5% alcohol should be provided as it is good for health but higher percentage of alcohol is not good for health and hence this should be banned for ever. Drinking higher percentage of alcohol will disable the mind and weakens the right and wrong thinking ability and this would let the satan to control the mind to

make them to do wrong things. Please think over it and necessary action is needed from government in this matter. If higher percentage of alcohol is banned and this results in withdrawal symptoms then black Grapes juice and beer with 5% alcohol should be taken. This would be helpful reduce the crime especially with girl child and womens. Gutka should also be banned. Taking gutka will result in damage of gums and if it is observed for the first time the gutkha should be stoped and vitamin C (LIMCEE Tablets) tablets should be taken to heal the gums problems.

13) Liquid Medicine should be kept in white transparent bottles. This would result in reflection of all the lights with different colours and this would reduce the spoiling of liquid medicines and thereby increasing the expiry date. Keeping in other colour bottles would result in transfer of light in to the bottle and thereby resulting in spoiling of liquid medicine. Generally light degrades the liquid medicine. Therefore keeping liquid medicines in white bottles would solve the problem of degradation of liquid medicines thereby increasing the expiry date of medicine.

14) Iodine is necessary for the normal functioning of brain. Iodine is taken in the form of iodized salt. The percentage of iodine is 20-40 mg/Kg of salt. Deficiency of iodine causes problems in communication skills, thinking problem and memory problem. The communication problem arises due to not recollection of words to speak. The persons and children's having communication problem will be quiet and face difficulty in speaking. Learning of new things would also be difficult and this problem arises due to deficiency of iodine. These problems arise to few people and children's. In order to avoid this iodized salt with more percentage of iodine in salt should be consumed preferably 60-120 mg/Kg. Before taking the iodized salt preferably 60-120 mg/Kg doctor's advice should also be taken. I hope that communication skills, thinking power and memory will get improved by taking salt with preferably 60-120 mg/Kg of iodine. In order to improve the memory and thinking power in addition to iodized salt vitamin E which is present in fish and almonds should also be consumed. This will solve the problem of ability for communication, thinking power and memory.

15) Supplement of multivitamins to children's on regular basis is necessary to keep their sense organs, other parts of body and brain functions in a good way.

Children's don't eat vegetable and fruits, hence multivitamin syrup should be given thrice a week, this develops their think power, memory and improves their sense organs. It also improves their sense to listen and to do good to others. Giving vitamins is healthy as it is necessary for their growth and proper functioning of their sense organs, body parts and mind. Some children's don't listen to their parents this is due to the lack of ability to understand to what their parents are saying or they do not want to do it. This arises due to lack of vitamins and such children's should be given with multivitamin syrup thrice a week. The other problems you might have observed in children's are due to lack of multi vitamins and hence it is necessary to provide them these vitamins. For example Lack of eye sight is due to lack of Vitamin A, skin problems is due to all types of vitamin B, gums and mouth problem are caused due to lack of vitamin C, lack of vitamin D causes bone problems which is also due to lack of calcium. Memory, thinking ability and communication problem arises due to lack of vitamin E, Lack of vitamin K (also called as potassium) causes attack of heart, liver and kidney I mean pain in these parts. This is also due to blood clots in respective parts. Potassium dilutes the blood clot and makes the blood thin if the blood is thick due to cholesterol in blood. In view of the above, multivitamin syrup should be given to children's and adults for the normal functioning of sense organs and other parts of body and brain.

16) The chemicals which are harmful to ozone layer i.e. which makes ozone layer thin should be banned as this is very important because this makes global warming occurs. Ozone layer protects us from the harmful infrared and ultraviolet rays. The harmful chemicals are chlorofluorocarbons (CFCs), halon., carbon tetrachloride (CCl<sub>4</sub>), methyl chloroform (CH<sub>3</sub>CCl<sub>3</sub>), hydrobromofluorocarbons (HBFCs), hydrochlorofluorocarbons (HCFCs), methyl bromide (CH<sub>3</sub>Br), bromochloromethane (CH<sub>2</sub>BrCl). These chemicals should be banned because the ozone layer becomes thin and the atmospheric temperature will become higher due to passage of infrared and ultraviolet rays through thin ozone layer resulting in melting of ice in glaciers and this in turn result in increase of ocean or sea level. For refrigeration purpose CCl<sub>4</sub> is used and if this is released in atmosphere the ozone layer will become thin therefore instead of CCl<sub>4</sub> nitrogen should be used by compression and expansion of it to keep the fridge cool. The other chemicals which are written above which in turn are used for specific purpose should be stopped and banned because these chemicals harm ozone layer. The alternative chemicals which are not harmful to ozone layer should be used for the specific purpose thereby reducing the chances of thinning of ozone layer and global warming. Chlorofluorocarbons (CFCs) is used in refrigeration, the alternative to this is N<sub>2</sub>. Halons are used in fire extinguisher, the alternative to this is dry ice. Methyl chloroform (CH<sub>3</sub>CCl<sub>3</sub>) are used to sedation, alternative to this is normal chloroform (CHCl<sub>3</sub>). The hydrobromofluorocarbons (HBFCs) and hydrochlorofluorocarbons (HCFCs) are used in fire extinguisher and in plastic industry, alternative to this is dry ice (Solid CO<sub>2</sub>) and fiber reinforced plastic. Methyl bromide (CH<sub>3</sub>Br) is used as catalyst in pharmaceutical industry; alternative to this is catalyst like iron, copper, zinc, nickel etc. Bromochloromethane (CH<sub>2</sub>BrCl) is also known as solvent for fat reduction; alternative to this are acids like

formic acid, acetic acid, ethyl acetate and acid present in bilawa seeds (name in urdu language) etc. Please think over it and needed action in this direction.

17) CO<sub>2</sub> is not the cause of global warming; CO<sub>2</sub> keeps atmosphere cool example soda water and beverages. CO<sub>2</sub> is the food of plants which consumes CO<sub>2</sub> and release oxygen so as to breathing by humans and animals. In Delhi due to burning of agricultural waste in neighborhood there results fog and pollution and this fog and pollution retains till one week of time, after one week of time the fog get reduced fully. This means that the trees are consuming the CO<sub>2</sub> in one week of time; this means that there are low numbers of trees. If trees are planted seven times the present number of trees then the fog will get reduced in one day. CO<sub>2</sub> is lighter in weight therefore it goes up in the atmosphere. But the photon pushes the CO<sub>2</sub> down so as to reach to the plants and trees. Plants consume CO<sub>2</sub> and give us oxygen to breathe in.

18) Plantation of trees in every cities and villages of India for uniform distribution of rain/monsoon and to avoid floods and droughts. This is very important to avoid environmental imbalance and this if done would be beneficial to farmers who are totally dependent on monsoon. Government should take necessary steps to plants trees and plants and some amount of GDP should be utilized for this purpose. Government should undertake or hire people to do this work and this way they can provide employment to many people.

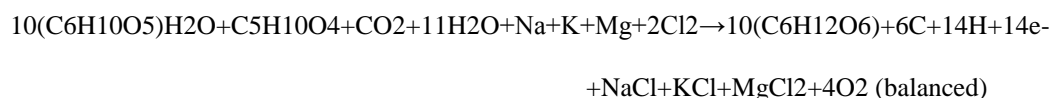
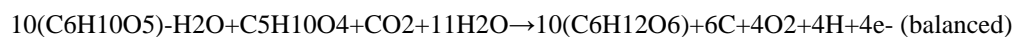
We know, floods are due to deforestation. In cities we hardly see trees. Clouds/monsoon is attracted by trees and mountains. Example chirrapunji in Meghalaya the rain fall is heavy because of dense forest and mountains and hence there is always rain fall. In villages/cities where there are trees there is an attraction for clouds/monsoon and hence the clouds/monsoon stops and there it rain. If there are no trees in villages/cities nearby, there is no further attraction of clouds/monsoon in that area, then the flood results in cities//villages where are dense trees. If there are no trees in villages/cities, the clouds/monsoon also travels very fast towards next densely populated trees in villages/cities. This result in drought or less rain in that area where there are no trees. So the important point to be noted is that uniform distribution of trees result in uniform distribution of clouds/monsoon and hence uniform rain fall. Hence plantation where ever is possible is necessary in villages/cities to avoid non distribution of clouds/monsoon and to avoid floods and droughts. If plantation of trees is not possible because on narrow roads in cities. Then there is one solution, planting flowering or other plants in pots on the top of the building/house is needed as many as one can. In villages plantation of trees can be done in fields. This would have good effect on monsoon and rain fall. Government order and general awarness to people is needed in that direction. Floods can also be avoided by linking all the rivers in our India. Government funding for this purpose is needed; this gives employment opportunities to many people. Linking of rivers can also conserve the water by directing flooded rivers to river in other region where there is no rain. Please forward this information to minister of forest, rural and urban ministers. This is a serious problem and needed to be tackled. Plantation of trees in every cities and villages of India for uniform distribution of rain/monsoon and to avoid floods and droughts are needed. This is very important to avoid environmental imbalance and this if done would be beneficial to farmers who are totally dependent on monsoon. Government should take necessary steps to plants trees.

19) One, who is facing sleeping problem at night, should take hot water bath 30 minutes before sleeping. One might have experienced that bathing with hot water feels sleepy. It would be beneficial if one take shower bath for 5 to 10 minutes. To avoid wastage of water one should fill the bath tub half and should sit in bath tub for 10 to 20 minutes. Doing this way one get good sleep at night. One should take hot water bath at night before sleeping. Bathing with hot water should be performed at night daily. Steam bathing for 15 to 20 minutes would also be beneficial. Hot water bath and steam bathing would be beneficial in winter and rainy season to get good sleep before going to sleep at night. In summer one should check whether hot water bath results in sleep or not, if yes then hot water bathing should be done and if not one should have cold water bathing.

20) The school going small children's who do not eat food and goes to school empty stomach should be feed with half a liter of curd. This will fill the stomach, gives energy to learn and play and is good for health. Feeding with two banana's and apple's would also be beneficial and this will fill the stomach of small children's and gives them energy to learn and play and will be good for health. Feeding with half a liter of fruit milk shakes would also be beneficial. Giving them multivitamin syrup thrice a week is also beneficial for the normal functioning of small children's sense organs, body parts and brain. This will also be helpful for their growth. The children's who do not drink milk should be feed with left over residue (Fat) after splitting the boiled milk with few drops of lemon juice. This contains good source of energy and would be beneficial to children's growth who do not drink milk. Small Children's who do not eat above items should be feed with three pieces of milk bread soaked in milk. This will fill the stomach and gives them energy. The above food items should be given to small children's who do not eat Idly, Dosa, Voda because they do not chew and face difficulty in

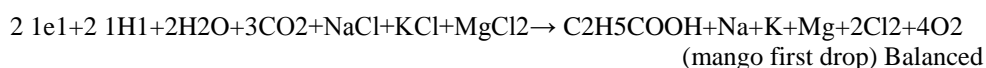
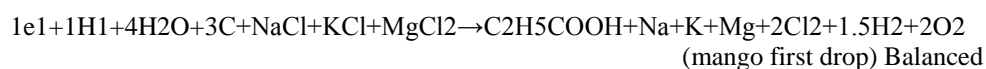
swallowing and takes time to swallow idly, dosa, voda. Parents should see the alternative food items if children's cry to not eat food and the food items which the small children's eat it easily and in short time.

21) Probable equation of producing electricity from starch and carbohydrate present in potato when exposed to sunlight which needed to be verified; potatoes do usually produces electricity under sunlight

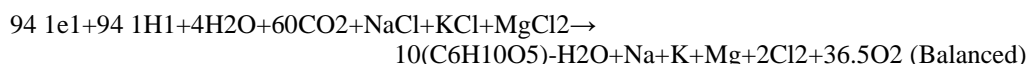


Below equations are examples of photosynthesis process occurring in plants like lemon and mango trees to produce acetic acid (lemon juice) and ethyl acetate (Mango first drop)

Photosynthesis of methyl acetate ( $\text{CH}_3\text{COOH}$ ) and ethyl acetate ( $\text{C}_2\text{H}_5\text{COOH}$ ) under visible light and also using  $\text{NaCl}$ ,  $\text{KCl}$ ,  $\text{MgCl}_2$ , present in water, with intake of  $\text{H}_2\text{O}$  &  $\text{C}$  and  $\text{H}_2\text{O}$  &  $\text{CO}_2$  intake.



In a similar way one can find balanced equation to produce starch ( $10(\text{C}_6\text{H}_{10}\text{O}_5)\text{-H}_2\text{O}$ ) and carbohydrate ( $\text{C}_5\text{H}_{10}\text{O}_4$ ) present in potato synthetically and using these carbohydrate and starch one can produce electricity as given above



22) In old age the problem of indigestion arises and there is also problem of opening and closing of stomach inlet which result in sensation of vomiting if eaten full stomach at the night time. This arises due to not closing of stomach inlet after having food. This problem will be severe at night time and causes uneasiness while sleeping and causes sleepless nights. In order to avoid this problem one need to eat half stomach six times in a day instead of full stomach three times a day. By doing so the problem can be avoided and there is no need of syrups and tablets for indigestion. Eating half stomach would be beneficial for the above problem. The problem is due to not closing of stomach inlet after having food at night and day time.

23) Some people who do not have the ability to think what is good or wrong. One who satisfy their ego and who have destructive thinking to harm others physically and mentally. One who always says one self is right even though they are wrong and do not have the ability to understand what others are saying, these people are mentally ill. This problem arises due to non relaxation of mind and this problem can be avoided by giving mind relaxation medicines for example RISDONE or SKIZORIL. These medicines are given for the SCHIZOPHRENIA (sound hallucination) disease. These medicines also work on people who are mentally stressed and make their thinking good and positive. I am diagnosed for the SCHIZOPHRENIA disease with SKIZORIL and my mind is relaxed and has good and positive thinking.

24) Married couples without children, dead born/handicap child and Polio and probable solution There are several methods to control and allow child birth on men and women such as Birth Control Implant (Implanon and Nexplanon), Birth Control Shot (Depo-Provera), Birth Control Vaginal Ring (NuvaRing),

Vasectomy, also as advertised in various sources about the locking and unlocking procedure to have not to have child. Does it is possible that the above methods (locking) occur naturally in one or the other way for those married couple without a child even after many years of marriage? If the answer is yes, then this should be detected by doctor and necessary procedure is to be adopted to unlock and allow the child birth, then the married couples will have a child and would be very happy. My opinion is that the premature deliveries, abnormality (handicap) of child to be born and dead baby before delivery and also water in the child's brain is due to having sex with a pregnant wife by husband. My advice is that sex should not be carried out with a pregnant wife; this would reduce the large percentage of premature deliveries, abnormality (handicap) of child to be born and dead baby before delivery. The above arises due to different orientation of child in mother's womb which in turn arises due to having sex with a pregnant wife by husband due to touching of pennies to growing child or foetus in womb. Please ask patients to consult doctors regarding this advice and if it is correct general awareness is needed to all the married couples to avoid sex when pregnant. Polio disease can also be reduced by large percentage by giving polio drops to pregnant women since when it is known that she is pregnant. By doing this the child to be born have increased resistance to polio disease before they born. Doctors and government should take necessary action.

To some ladies the fetus is not formed due to damage to child basket in stomach therefore the child is not born to them. This problem can be rectified by implantation of child basket from the ladies who have done family planning with same blood group. If this is tested and the result is positive, then the above problem can be solved and the ladies can give birth to child.

The sexual hormones are produced in throat by tonsils which in turn help to produce the sperm in men's and ovarian cells in women's. Production of sexual hormones by tonsils causes good feeling in face and brain and other parts of body. Deficiency of these hormones causes less production of sperm and ovarian cells and this result in no child birth to women's. Munjal in urdu and hindi language (palm fruit) when eaten along with its skin it produces sexual hormones and gives good feeling on face and respective parts of the body. Please check it. It has some medicine for production of sperm cells and ovarian cells. Needs research and development work to produce medicine from palm fruit? I have observed that the NOVA winter skin cream which is green in color also produces sexual hormones when applied on lips and if tasted. Goggling with warm salty water also causes production of sexual hormones by tonsils. One can also try the jack fruit for the production of sperm and ovarian cells.

25) To get relief from cough at mild stage one can try eating jiggery. Eating jiggery will not cause severe cough and will have relief from cough. One who have cough due to virus should not eat sugar or sweet dishes made from sugar. One who has cough due to smoking drinking (25 glass full of water) lot of water will resolve the problem to some extent. The best way is to not to drink milk, tea and coffee with sugar at sleeping time. During day time one can control the cough causing due to chain smoking is to drink tea with sugar for lubrication of throat. One should differentiate the cough causing due to virus and smoking. If the cough is causing due to virus then jiggery should be eaten and if it is due to smoking then one should drink tea with sugar for lubrication of throat.

26) Uniform plantation of trees (forestation) to avoid Floods and droughts and link up of all the rivers to avoid the floods and droughts and prediction of monsoon

As we know, floods are due to deforestation. In cities we hardly see trees. Clouds/monsoon is attracted by trees and mountains. Example chirrapunji in Meghalaya the rain fall is heavy because of dense forest and mountains and hence there is always rain fall there.

In villages/cities where there are trees there is an attraction for clouds/monsoon and hence the clouds/monsoon stops and there is rain.

If there are no trees in villages/cities nearby, there is no further attraction of clouds/monsoon in that area, then the flood results in cities//villages where are dense trees.

If there are no trees in villages/cities, the clouds/monsoon also travels very fast towards next densely populated trees in villages/cities. This result in drought or less rain in that area where there are no trees and rain fall in next densely populated trees.

So the important point to be noted is that uniform distribution of trees result in uniform distribution of clouds/monsoon and hence uniform rain fall. This results in no floods and droughts. Hence uniform plantation of trees where ever is possible is necessary in villages/cities to avoid non distribution of clouds/monsoon and to avoid floods and droughts.

If plantation of trees is not possible because on narrow roads in cities. Then there is one solution, planting flowering or other plants in pots on the top of the building/house is needed as many as one can. In villages

plantation of trees can be done in fields. This would have good effect on monsoon and rain fall. Government order and general awareness to people is needed in that direction.

Floods can also be avoided by linking all the rivers in all over the globe. Government funding for this purpose is needed; this gives employment opportunities to many people. Linking of rivers can also conserve the water by directing flooded rivers to river in other region where there is no rain.

The important point to be noted is that for uniform distribution of monsoon and rain uniform distribution of trees is needed. If we ignore this then this will be very dangerous situation as it result in floods and droughts every year. The government and individuals should act accordingly.

**The prediction of monsoon can be done by measuring the humidity of air and clouds over the Bay of Bengal and Indian Ocean. This gives information about the amount of rain fall that will occur. Bigger is the humidity heavier is the rain fall. The temperature measurement of cloud and air again gives information about the amount of rain fall that will occur at colder places. The cooler is the air; the larger will be the rain. The speed of air and its direction gives information about places at which the rain fall occurs. The coverage area of cloud on the Bay of Bengal and Indian Ocean gives information about the places that will be covered by clouds and rain fall that occurs. For this one need map of different countries. To predicts the monsoon a simple software is needed to get output data of monsoon based on the above input parameters for example humidity, temperature, speed or air or cloud, coverage area of clouds and also the coverage area of trees in different cities and states and how uniform are trees in different regions. To avoid monsoon that causes floods and droughts in different regions by planting uniform distribution of trees all over the INDIA. Uniform distribution of trees is needed for uniform distribution of monsoon rain to avoid floods and droughts. To measure all these parameters the light house on the ocean side lines and different cities and states should be installed with appropriate devices to measure humidity (humidity sensor), temperature (temperature sensor), speed of air (speedometer), coverage area of monsoon (can be done with trigonometric and calculus functions).**

27) To avoid lodging of water in cities and villages during rain, one needs to consider drainage pipe lines with bigger diameter so that the water easily flows through these bigger diameter drainage pipe lines and this result in no lodging of water on roads and homes. In order to avoid this bad type of situation better management of drainage system should be carried out by government otherwise this type of bad situation of lodging of water results every year and this will be problem for people who are living in these bad situation areas. Government should act accordingly and quickly to avoid and solve the problem of lodging of water on roads and homes.

28) Plantation of fruits trees and cultivation of fruits and vegetables by utilizing some part of forest area is required necessarily and it is government responsibility to undertake unemployed youths and poor people who are unemployed to do this by using some part of forest area as the fruits are rich source of energy and vitamins and these fruits and vegetables are required in larger number and should grow enough so that it is enough for all human beings.

Unemployed youths and poor people can be employed by government to utilize some part of forest area to cultivate and plant fruits trees and vegetables as fruits and vegetables are good source of energy and vitamins to human beings. It is government duty to do like this and the action is needed accordingly to grow all types of fruits and vegetables in large quantity. By providing agricultural land by cutting some forest area to unemployed and poor people will solve the problem of unemployment and there is no need to higher studies for cultivation of fruit by plantation of fruit trees. Everybody will be having a job to do.

If one is using some part of forest for the cultivation of fruits and vegetables by planting fruits trees there will be no harm to environmental as the fruit trees are grown in required numbers.

Farmers who have less agricultural land should grow fruits and vegetables and the farmers who have enough land should grow rice, wheat, jowar and all types of cereals. If government supports unemployed youths and poor people who have no land and give them some forest area then enough of food grains, vegetables and fruits can be cultivated and the price will be appropriately lower and everybody will be employed and happy and will be self dependant and sustainable no one will be poor. For doing this work it will require no higher education. Necessary action is needed by government and the unemployed youths and poor people should demand government to help them and make them self sustainable by providing land for cultivation of fruits and vegetables.

29) Toor gram and Bengal gram are anti greasing and oiling agent. This means these grams are fat reducing agents. This can be confirmed by applying oil and dalda on palm and apply the flour of toor dal and Bengal, this will clean the oil and dalda effectively on the palm. One can also try the curry (daal) made from toor and Bengal gram to reduce the fat in the belly by drinking curry full of glass three to four times a day.

30) Drinking 20 to 25 glasses full of water daily keeps one healthy and strong by draining out all the harmful chemicals produced in body through urination which causes different kinds of health problems. It will

keep body temperature cool and there is no need of fan or AC in any season. I have experienced it and one can try this as this keeps one healthy and strong.

In summer season, many people have the problem of bubbles which burst out on the back of the body, stomach, hands and legs and these bubbles will be painful and inflammatory. This occurs due to drinking of non sufficient of water which results in harmful chemicals produced in the body to cause this illness. To cure this drinking of lot of water is needed along with drinking HAMDARD SAFI syrup which purifies the blood from harmful chemical produced in body.

31) If someone is angry with someone and wages quarrel every time when they meet them and use foul language and disrespect them, this is due to mental block developed in brain due to someone is hurt with others due the small quarrel or misunderstanding or by any other mistake. This can be resolved by avoiding that person and try to keep oneself busy in some other work. By doing this way, with time the mental block will get reduced and both will be happy and mingle with each other when this mental block gets reduced. I have experienced this; one who has this problem can try this way.

32) The handicap children are born due to having sex with pregnant wife. This is due to touching of penis of men to the baby in mother womb. This results in handicap of legs, hands, back side of baby and other parts and also lodging of water in head. This can be avoided by not having sex with pregnant wife until the baby is born. One should control oneself for nine months until the baby is born and should not have sex with pregnant wife otherwise baby are born with handicap. The water lodged in the head can be dried off by giving steam bath to the child at appropriate temperature of steam machine. This result in drying of water in the brain and head in the form of sweat coming out from the head. Everybody knows that the sweat in the head arises in summer season. The steam bathing also results in sweating from the head and this will dry off the water lodged in the brain and head of the baby boy and baby girl. I heard that our neighbor have this problem and have tried steam bathing on my advice on the baby girl who have water in head and this has resulted in drying of water in the head of baby girl and the baby girl is healthy. One who has observed water in head in the baby girl and baby boy one should try this way and steam bathing.

33) The plant which has four petals flower which is in reddish pink color has seeds like black pepper. One needs to check through research and development whether these seeds are edible and these can be used to cure the high blood sugar as a substitute for insulin syringe. This should be tried on rat before trying on humans.

34) To the school children's physical and mental training should also be given so that the school children's become physically and mentally strong to combat any type of situation they face. Training should also be given to motivate oneself in any kind of situation and not to get discouraged by bad situation.

35) Match stick fumes causes wound in the nasal paths at the end of the nose. This is due to phosphorus in it. One should not inhale the gas coming out of the match stick. The gas contains phosphorous trioxide and penta oxide and these are also called as red and black phosphorous and this gas is harmful to nasal and lungs and should not inhaled it. After lighting the match stick it should keep away for some time.

To cure it should not inhale the fumes coming out from match stick. Instead of using match stick one should use lighter. Not inhaling the fumes of matchstick is the cure of nasal and lungs cancer. The wound or cancer can be cured by not inhaling the fumes and after some time it will be healed by taking proper medicine to cure it. Consult doctor and take medicine to heal that wound quickly and should not inhale the fumes coming out from the match stick. Instead of using matchstick one should use lighter to light the stove or the cigarette one who smoke. The fumes of match stick also causes eye cancer or eye cataract if fumes is exposed to eye therefore one should avoid using match stick.

36) The bulging of liver, kidney and heart and pain occurs due to low level of potassium and also due to high level of potassium. The low level of potassium is due to deficiency of potassium and this can be cured by eating banana which contains potassium. This solves the problem of bulging of liver, kidney and heart and also the pain. The high level of potassium occurs due to slow poisoning using potassium cyanide. This can be cured by stopping the slow poisoning and by proper medicine if one observed the bulging of liver, kidney and heart for the first time.

37) In some patients there results COMA due to head injury which in turn results in damage of veins which carry blood to brain. COMA is nothing but paralysis of brain. It is difficult to cure the damage caused to brain veins. The veins of brain are very thin. The blood in veins carries oxygen to all parts of body and brain for proper functioning of all these parts of body and brain. COMA also occurs due to not proper flowing of blood



from heart to brain due to thick blood or due to blood clot in veins which carry blood to brain. The thick blood arises due to deficiency of potassium. To solve the problem one should consume banana which is rich source of potassium which makes dilution of blood. But the patients who are in COMA cannot consume banana, therefore one should give multivitamin medicine which is rich source of potassium. By making the blood thin or dilution of blood the problem of COMA can be cured which arises due to thickening of blood and not flow of blood to brain. The paralysis in different parts of body arises due to not proper flow of blood to that part due to blood clot in nerves which carry blood which in turn carries oxygen. This can also be cured by eating banana which is rich source of potassium or by giving multivitamin medicine which is rich source of potassium. If one observes mild paralysis for the first time in brain or in any part of the body then one should immediately consumes or eats banana or take medicine which is rich source of potassium to avoid further paralysis to occur or to cure the mild paralysis.

38) If some one's blood pressure (BP) rises high, then there will be high blood flow in the eyes and brain if not attended to it immediately. This may causes paralysis of brain, eyes and other body parts. If BP is higher for one instance then there is no proper medicine to cure it immediately. Therefore one should make that person with high BP to sit at one place in fresh air to breathe outside their house and make them drink cool water and one should console that person to be calm. This is the proper first aid one can give the person who have high BP.

39) One needs to find why the headache and body pains occur. Generally the headache and pain in any part of body is cured by taking medicine which contains salicylic acid. One should try to cure headache by eating white radish either raw or cooked. The acid present in white radish is formic acid ( $\text{HCOOH}$ ). One need to try the formic acid which is the basic acid which may reduces mental stress and pain.

40) The Barium Titanate  $[\text{Ba}(\text{Nd}_x\text{Ti}_{1-2x}\text{Nb}_x)\text{O}_3]$  and Sodium Bismuth Titanate  $[(\text{Na}0.5\text{Bi}05)(\text{Nd}_x\text{Ti}_{1-2x}\text{Nb}_x)\text{O}_3]$  doped with Nd and Nb and their binary solid solution and ternary solid solution with  $\text{CaTiO}_3$  and  $\text{BaZrO}_3$  shows electromechanical coupling conversion (Capacitance Vs. Frequency) with efficiency around 60% to 70%. These materials also show electromechanical coupling conversion (Modulus Vs. Frequency) with efficiency 99.99% at higher temperatures 450°C to 600°C. The electromechanical coupling conversion means conversion of electrical energy to mechanical energy. The mechanical energy is nothing but ultra sound. One need to check these materials can be used as ultrasound transducers for imaging the fetus in pregnant lady womb with better resolution. One need to check better resolution image can be obtained instead of blurred image using present ultrasonic transducer. The blurred image in only understandable to doctors only.